

PEGUIS FIRST NATION REMAINS IN LEVEL 5

As of **Sunday, July 18, 2021**, 12:01 a.m. (midnight), Peguis First Nation remains under a State of Emergency, extended indefinitely, with Peguis Public Health Orders in effect. REGISTRATION/REQUESTS: Please call the 24/7 Peguis COVID-19 Emergency Centre at (204) 645-2869 or (204) 645-4738 for; Medical Appointments, Hotel/Overnight, Visiting.

Current Peguis Public Health Orders in effect for Peguis 1B are:

SECTION	EXISTING PEGUIS PUBLIC HEALTH ORDERS
Check Points	<ul style="list-style-type: none"> Community Curfew: Daily from 12:00 a.m. (midnight) - 6:00 a.m. No travel allowed within community during Curfew hours. ATV's, UTV's and side by sides are not allowed to be travelling within community during Curfew. Check Points in effect at community entrances with restricted access. Check Points closed during curfew hours. Surrounding communities, including Fisher River Cree Nation and Kinonjeoshtegon First Nation, must use main highway #224 check point only when entering/travelling through Peguis First Nation.
Fully Immunized and Not Immunocompromised Exemptions	<p>Exemptions from mandatory isolation may be considered for individuals who; do not have COVID-19 symptoms, do not have a medical condition that could compromise vaccine effectiveness, are fully immunized, 2 weeks have passed since 2nd vaccine and can provide proof of immunization, in the following situations:</p> <ul style="list-style-type: none"> Contacts of a positive case do not have to isolate if you are fully vaccinated, not immunocompromised, two weeks has passed since 2nd vaccine AND there is no positive case in your household. Medical Travel Visiting of Off Reserve Members Identified as a contact to a COVID-19 case Travel Out of Province. This exemption includes children who are not eligible for the vaccine based on age, if all individuals they travelled with are fully immunized. Individuals must request isolation exemption with the 24/7 Peguis COVID-19 Emergency Centre at (204) 645-2869 at least 2 business days prior to travel. <p>Peguis Public Health will determine if an individual is exempt from self-isolation.</p>
Gatherings/ Visiting	<ul style="list-style-type: none"> Essential Out of Province Visitors: As per the public health order, 14 days of self-isolation is required for people returning or coming to Manitoba that are not fully immunized. Workplace: Employees are no longer required to work from home. No visiting with anyone self-isolating. Private Residence: Up to 25 visitors are permitted outdoors on private property. Up to five 5 visitors are allowed for indoor gatherings.

	<ul style="list-style-type: none"> • Outdoor Gatherings in Public Spaces: Up to 150 people permitted outdoors in public spaces. • Indoor Gatherings in Public Spaces: Up to 25 people permitted. • No alcohol parties allowed at this time. Drinking parties can be reported to the 24/7 Peguis COVID-19 Emergency Centre. • Peguis Senior Home is open to outdoor visits with elders or within visitation pod, visitors must be fully vaccinated and two weeks lapsed. • Palliative Care visits are allowed but each visitor must pre-register. • Indoor Religious/Cultural Gatherings: Limit of 50% capacity up to 150 people, with masks worn at all times. Outdoor Religious/Cultural Gatherings: Open to 150 people. • Weddings and Funerals: Open to 150 people for outdoor ceremonies, in addition to an officiant and a photographer. Indoor weddings and funerals expand to 25 people. • Indoor Self-Help Gatherings: Open to 25% capacity to a limit of 25 people with masks worn at all times.
<p>Business/ Retail</p>	<ul style="list-style-type: none"> • Businesses have returned to regular store hours. Names and contact information for each customer is being recorded for contact tracing. • Customer capacity in businesses expanded to 50% or 250 people, whichever is lower. Aged 15 or younger must be accompanied by an adult. • Peguis Midway closes daily at 12:00 a.m. (midnight). • Peguis VLT's will follow the casino rules allowing only vaccinated people up to 50% capacity. Open Mon-Sun from 9:00am-12:00am, starting July 19, 2021. • Personal Services: Open at 50% capacity on an appointment basis only.
<p>Travel/ Medical Travel</p>	<ul style="list-style-type: none"> • Travel Out of Province is not recommended. As per the public health orders, 14 days of self-isolation is required for people returning to or coming to Manitoba that are not fully immunized. • International travel allowed for essential travel only. • Medical Travel (dental, chiropractor, massage or specialist appointments) outside of the community requires 4 days isolation and then self-monitor for 10 days for those that are immunocompromised and fully vaccinated. Those that are not immunocompromised and fully vaccinated must complete 14 days self-monitoring. Members must register 2 days in advance. • Overnight stays are allowed in secondary residences and camping grounds. • Travel for essential services and shopping only. Travel to Winnipeg is allowed for day trips only at this time. • Designate one (1) household shopper for essential shopping.
<p>Isolation /Monitoring</p>	<ul style="list-style-type: none"> • If there is a positive case in a household, the ENTIRE household must isolate regardless if an individual is fully vaccinated.

	<ul style="list-style-type: none"> • If anyone in the household is being tested for COVID19, the ENTIRE household must isolate until Peguis Public Health advises you can end isolation/self-isolation. • Individuals identified as having COVID-19 or a close contact of someone with COVID-19 must immediately enter mandatory isolation/self-isolation (quarantine) until Peguis Public Health advises you can end isolation/self-isolation (quarantine). • Household members or close contacts of a person with COVID-19 must immediately go into mandatory self-isolation (quarantine) for 14 days from the last date of exposure, and call (204) 645-2869 if they develop symptoms, until Peguis Public Health advises you can end isolation/self-isolation (quarantine). • Exempt from isolation if: Anyone that was a positive COVID-19 case in the past 3 months.
<p>Vaccines/ COVID-19 Tests</p>	<ul style="list-style-type: none"> • Anyone residing in Peguis, Dallas, Harwill are eligible for a Moderna vaccine (18 + yrs) and Pfizer (12-17 yrs) please contact Peguis Health Centre and leave your name and number and you will be called with an appointment for your vaccine. • Immunization Cards available to those that received 2nd vaccine at https://immunizationcard.manitoba.ca. If you experience any problems accessing your card, please call the Peguis Health Centre at (204) 645-2169 for assistance. • Please, if anyone is experiencing any COVID-19 symptoms they are to self-isolate and wear a face mask until your results are back, Peguis Public Health will have further direction for you. The ENTIRE HOUSEHOLD must isolate until results are back. • Pfizer vaccines are available to First Nation members, residing outside the community, 12 years of age or older, at Manitoba Super Sites. Moderna vaccines are available to First Nation members, residing outside the community, 18 years of age or older, at Manitoba Super Sites. The vaccine call centre phone number is 1-844-626-8222 (1-844-MAN-VACC). Daily hours are 6:00 a.m. to 8:00 p.m.
<p>Recreation</p>	<ul style="list-style-type: none"> • Recreation activities planned for Gathering of Youth and Family summer program will follow all health protocols. • Multiplex facilities open at 50% capacity or lower based on space. 3 metres apart. Masks mandatory. -Sauna/ Showers closed. Fitness Centre limit of 5 people or 10 from same household. Ladies Fitness limit of 3 people or 5 from same household. Indoor Track limit of 25 people. Pre-book gym time or drop in for track. Canteen - pick up or dine-in, same household at same tables or fully vaccinated. Outdoor Track/Play Structures/ Ball diamonds/ Canoe Site open, at own risk. • Splash-pad- family bubbles, extended family bubbles to a maximum of 25 people. • Indoor sports- 25 people per group; no tournaments • Outdoor sports- 50 people per group: no tournaments: spectators allowed. • Day camps: max of 25 people in group.

	<ul style="list-style-type: none"> • Bookings or further information message us on Peguis Rec Facebook or call 204-645-4260 or 204-308- 0290.
Provincial Fines	<p>R.C.M.P. are issuing fines to anyone who is not following public health orders put in place by the Public Health Act. These fines include:</p> <ul style="list-style-type: none"> • \$1,296 fines issued to anyone who is not following emergency orders in place by the Public Health Act. This includes anyone that does not self-isolate when directed by public health or to a homeowner that is caught hosting a house party. • \$5,000 fines for corporations disobeying the Public Health Act. • \$298 fines issued for not wearing a mask in a public place.

Manitoba Provincial Restrictions are in effect, please be aware of Manitoba's current State of Emergency and Manitoba Public Health Orders.

Remember the Fundamentals: Wear a face mask and practice social distancing when in public settings; Frequently wash hands for 20 seconds; and Self-Isolate and notify the 24/7 Peguis COVID-19 Hotline when feeling symptomatic at (204) 645-2869.

The Peguis COVID-19 Pandemic Team would like to thank the entire community for their support. We will continue to fight this pandemic together, as a community. These safety measures may be changed at any time if cases rise in the community by the Peguis COVID-19 Pandemic Team. Thank you and stay safe!

Peguis Pandemic Team

COVID-19 EMERGENCY DIRECTORY

24/7 Peguis COVID-19 Hotline: (204) 645-2869 or (204) 645-4738 or
 peguisCOVID19@outlook.com
 Peguis Health Centre: (204) 645-2169
 Peguis Housing Emergency: (204) 308-1324
 Peguis Website: www.peguisfirstnation.ca/covid-19
 Peguis Facebook: www.facebook.com/peguisfirstnation
 Country Rock Radio 102.7 FM
 Province of Manitoba: www.manitoba.ca/covid19