

A Peguis First Nation Publication

ISSUE #4, DECEMBER 2022

TELLING GOOD STORIES

Minwaaajimo

ONE STOP SELKIRK

2ND SELKIRK LOCATION OPEN

*CHRISTMAS
CALENDAR 2022*

TRUST CRITERIA VOTE
for Peguis S.C.T. and T.L.E.

MEASEL CASES ON THE RISE
Peguis Public Health Notice

TELLING GOOD STORIES Minwaaajimo

A digital magazine to inform and engage

MINWAAJIMO (*Telling Good Stories*) is a Peguis Communications project focused on introducing our youth into the areas of digital communications, photography, graphic design, journalism, finance and business management through this publication.

Our goal is to inform members with important news, events, health information, education, employment, training, traditional language, sports, member profiles and updates including Peguis First Nation ventures and projects. As a digital magazine, there is no printing fees. Only a few copies are printed each issue for our Elders at the Peguis Personal Care Home.

This publication is approved by Peguis Chief and Council.

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Peguis Development Corporation (PDC) is proud to announce the opening of **One Stop Gas Station** on Fuller Road in St. Clements just north of East Selkirk, MB.

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Gradually over the years after starting off with a full complement of trustees, both the Treaty Land Entitlement Trust and Surrender Claim Trust have been experiencing a number of vacancies to a point where there is no quorum to do business.

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MEASEL CASES ON THE RISE

PUBLIC HEALTH COMMUNITY NOTICE

November 24, 2022

Peguis Public Health wants to inform the public that cases of Measle vaccine is given at 1 year old and at preschool. Due to delayed, Peguis Public Health is working to catch up infants vaccines. Parents please bring your child(ren) in for vaccine appointments.

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THE APPOINTMENTS

To book an appointment, please call Chantel Sette at (204) 612-1111.



ONE STOP

NOW OPEN IN EAST SELKIRK

Gas and Convenience Store on Fuller Road Open for Business

Peguis Development Corporation (PDC) is proud to announce the opening of **One Stop Gas Station** on Fuller Road in St. Clements just north of East Selkirk, MB.

One Stop Gas Station is located just off of Highway 59 on the corner of Fuller Road and Provincial Road 508, also known as St. Peters Road.

With the land now being designated as First Nation, we offer Treaty gas discounts to all First Nation members.

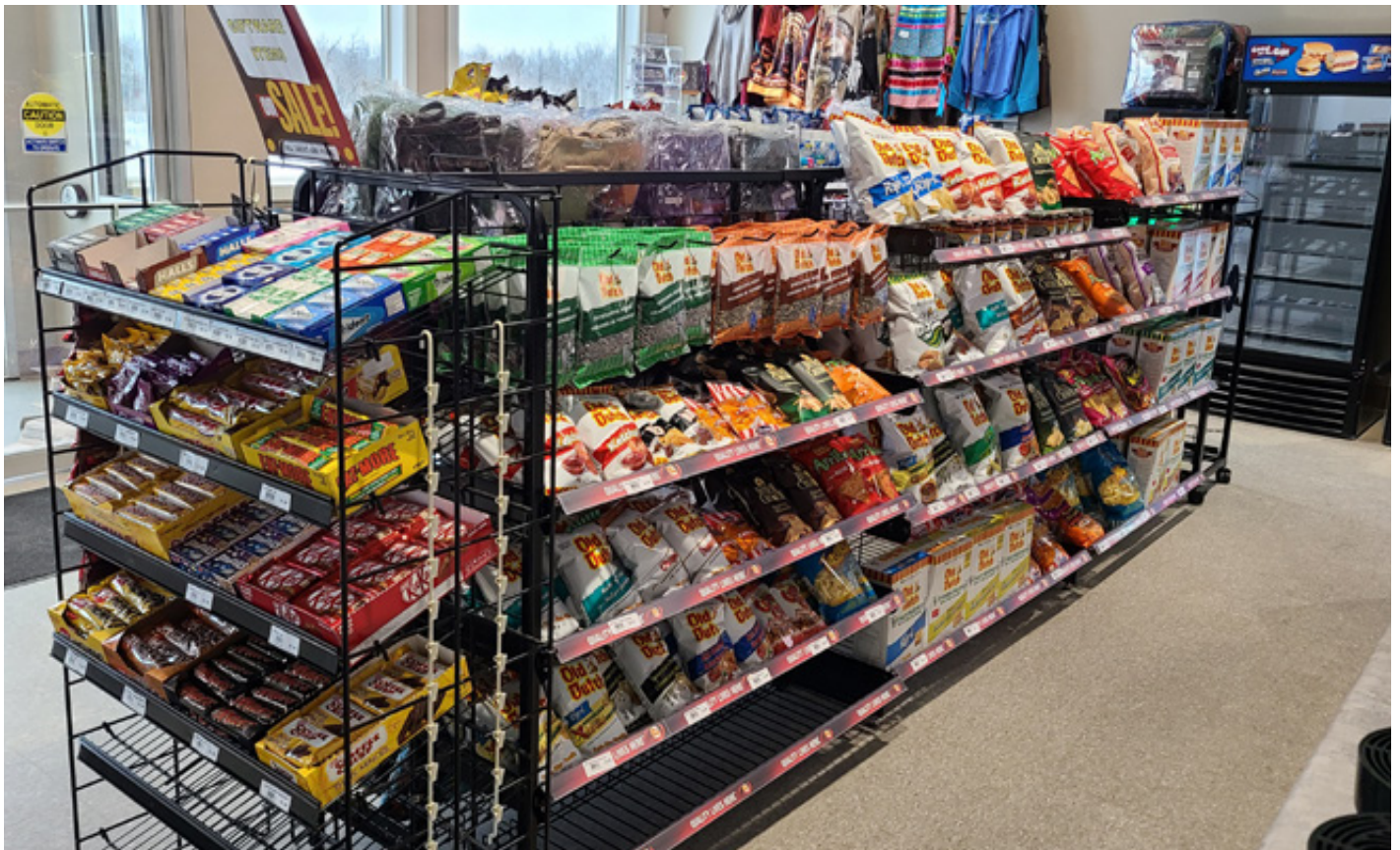
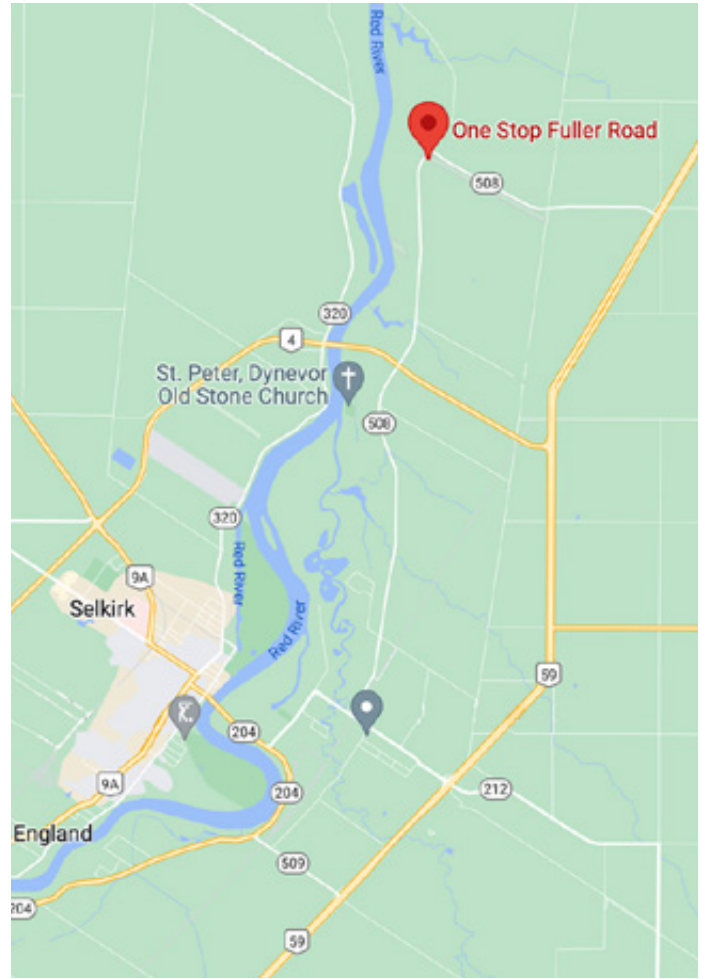
A soft opening of One Stop Gas Station was held to open the business to public. PDC will be inviting Peguis membership to our official Grand Opening, which will be held at a later date.

Hours of Operation

Mon-Sat: 6:00am – 10:00pm

Sundays: 9:00am – 9:00pm







Community Computer Resource Centre

Located in Band Office B (204) 645-3405 ext.135

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 5 Computer Room Open 9am - 5pm	Dec. 6 Cover Letter Writing 10 am - 12 pm	Dec. 7 Intro to Computers 1pm - 3pm	Dec. 8 Computer Room Open 9am - 5pm	Dec. 9 Computer Room Open 9am - 5pm
Dec. 12 Resume Writing 1pm - 3pm	Dec. 13 Computer Room Open 9am-5pm	Dec. 14 Intro to Microsoft Word 1pm - 3pm	Dec. 15 Computer Room Open 9am - 5pm	Dec. 16 Computer Room Open 9am - 5pm Midnight Madness
Dec. 19 Computer Room Open 9am - 5pm	Dec. 20 Facing your Fears in the Workplace. 1pm - 3pm	Dec. 21 Computer Room Open 9 am - 5pm	Office Closure Christmas Holidays	
Dec. 26 Office Closure Boxing Day	Dec. 27 Computer Room Open 9am - 5pm	Dec. 28 Computer Room Open 9am - 5pm	Dec. 29 Computer Room Open 9am - 5pm	Dec. 30 Office Closure
Jan 2 Office Closure	Jan. 3 Office Closure	<p>Open: Monday - Friday 9am-12pm & 1pm-5pm</p> <p>Room will be closed while class in session; Seating is limited. Please pre-register for classes.</p> <p>Email: crr.coord@peguisfirstnation.ca or call at (204) 645-3405 ext 135</p> <p>Like us on Facebook for notifications! @ComputerResourceCentre</p> <p>**Schedule is subject to change</p>		

PEGUIS FIRST NATION
DebiNaN Youth
Program
- MAIN OFFICE -

December 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
				Community Christmas Dinner (Winnipeg)		
11	12	13	14	15	16	17
						Movie in Wpg (Avatar)
18	19	20	21	22	23	24
	Community Christmas Dinner (Peguis)		Christmas Stockings	Christmas Baking	Christmas crafts	
25	26	27	28	29	30	31
Merry Christmas	Boxing Day				TBA	
To Register contact April Stevenson at 431-276-4926 or email debinanyouthprogram@peguisfns.org . Sign up hours are Tuesday to Friday, 12:00-8:00pm. Ages 9-17.						

Participants consent to photos being taken by attending.



TRUST CRITERIA VOTE

DECEMBER 16, 2022

Presentation on the New Trustee Eligibility Criteria for both Peguis Surrender Trust Claim and the T.L.E. Trust

Gradually over the years after starting off with a full complement of trustees, both the Treaty Land Entitlement Trust and Surrender Claim Trust have been experiencing a number of vacancies to a point where there is no quorum to do business. As a result, there has been no distribution of trust funds.

The current Trust Nominating Committee (TNC) is tasked with filling those vacancies by developing or reinforcing new or existing criteria that would ultimately be ratified by the membership at a duly convened public meeting.

A public meeting has been scheduled for:

DECEMBER 16, 2022
2:00PM
Peguis Community Hall
Light lunch provided

The Trust Nominating Committee will present the New Peguis Trustee Eligibility Criteria to Peguis membership. After the presentation,

a vote will be held to approve the Peguis Trustee Eligibility Criteria so new members can be voted in at a later date.

Attendance of 200 people is required for the criteria vote to be eligible. Members must attend to vote in person. No online voting.

A light lunch will be provided for those in attendance.

The Trust Nominating Committee will provide membership with the virtual access information required to spectate online for members that cannot attend in person, prior to December 16.

Treaty Land Entitlement Trust

For financial trustees there are to be 5 elected trustees with 4 on reserve.

For community fund trustees there are to be 5 elected with 1 on reserve trustee.

(2) Financial Trustees:

- **VACANT - Off Reserve**

- **VACANT - Chartered Accountant**

(3) Community Fund Trustees:

- **VACANT - On Reserve**
- **VACANT - On Reserve**
- **VACANT - Off Reserve**

Surrender Claim Trust

For financial trustees there are to be 5 elected trustees with 4 on reserve.

For community fund trustees there are to be 5 elected trustees with 1 off reserve.

(3) Financial Trustees:

- **VACANT - On Reserve**
- **VACANT - On Reserve**
- **VACANT - On Reserve**

(3) Community Fund Trustees, at least 4 of the 5 to be members:

- **VACANT - On Reserve**
- **VACANT - On/Off Reserve**
- **VACANT - Off Reserve**

PEGUIS FIRST NATION TRUST NOMINATING COMMITTEE (TNC)



[TNC General Meeting](#)

The Peguis TNC will be hosting to the Peguis FN Members/Beneficiaries a General Meeting to vote on the New Peguis Trustee Eligibility Criteria for both the Surrender and TLE Trust. The meeting requirement for attendance is 200 people to approve the Eligibility Criteria.

Friday, December 16th, 2022

2:00 PM

ALSO CAN ATTEND VIA ZOOM

Peguis Community Hall

PEGUIS, MANITOBA



PEGUIS TRUST NOMINATING COMMITTEE MEMBERS

Jules McPherson, Wayne Bird, Victor Sutherland,
Heather Sinclair, Shelby Johnson, Clarence Daniels

MEASLE CASES ON THE RISE

PUBLIC HEALTH COMMUNITY NOTICE

November 24, 2022



Peguis Public Health wants to inform the public that cases of Measles in Manitoba is on the rise. Measle vaccine is given at 1 year old and at preschool. Due to COVID, these vaccines have been delayed. Peguis Public Health is working to catch up infants and children with their measles vaccines. Parents please bring your child(ren) in for vaccines. Vaccines can prevent serious complications.

BOOK VACCINE APPOINTMENTS

To book an appointment, please call Chantel Sette at (204) 645-2169 or leave a message with reception with your name and contact information.

WHAT IS MEASLES AND HOW IS IT SPREAD

Measles is one of the most highly contagious diseases characterized by a red, blotchy rash. The measles virus spreads through close personal contact with an infected person and through the air when an infected person coughs or sneezes. The virus can be spread by droplets that can stay in the air for several hours. Infection can result in serious illness or death.

SYMPTOMS

Symptoms begin to appear 7-18 days after being exposed to the virus in people who are susceptible to measles. Initial symptoms may include fever, runny nose, cough, drowsiness, irritability and red eyes. Small white spots may also develop on the inside of the mouth or throat. The characteristic red blotchy rash can appear three to seven days after the initial symptoms (on average 14 days after exposure). The rash typically begins on the face and progresses down the body.

Measles can be serious. Children younger than 5 years of age and adults older than 20 years of age are more likely to suffer from complications. Common complications are ear infections and diarrhea. Serious complications include pneumonia and encephalitis.

TREATMENT

There is no cure for measles. Current treatment focuses on relieving the symptoms.

Most people recover fully from measles within 2 to 3 weeks. Complications are more common in infants and adults and those with weakened immune systems.

PREVENTION

Measles can be prevented through immunization. Measles vaccine is offered free-of-charge as part of Manitoba's Recommended Routine Immunization Schedule. Other precautions can be taken, including practicing good hand hygiene, covering your nose and mouth when you cough and sneeze, and avoiding sharing personal items such as water bottles, lip gloss and cigarettes.

COVID, INFLUENZA AND RSV

PUBLIC HEALTH COMMUNITY NOTICE

November 15, 2022



Peguis Public Health is advising members to use personal judgement for wearing a face mask. Young infants, children, pregnant women, elders and those immunocompromised are at the greatest risk and we recommend wearing a face mask in public settings.

Some symptoms of the flu and COVID-19 are similar, making it hard to tell the difference between them. Diagnostic testing can help determine if you are sick with flu or COVID-19. Keep COVID rapid home tests readily available.

SYMPTOMS OF FLU (Influenza): can cause mild to severe illness, and at times can lead to death. Flu symptoms usually come on suddenly. People who have flu often feel some or all of these symptoms:

- **Fever or feeling feverish/chills.** *Not everyone with flu will have a fever.
- **Cough**
- **Sore throat**
- **Runny or stuffy nose**
- **Muscle or body aches**
- **Headaches**
- **Fatigue** (tiredness)
- **Vomiting and/or diarrhea**, more common in children than adults.

SIMILAR SYMPTOMS: Both COVID-19 and flu can have varying degrees of symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Similar symptoms that COVID-19 and flu share include:

- **Fever or feeling feverish/having chills**
- **Cough**
- **Shortness of breath/difficulty breathing**
- **Fatigue** (tiredness)
- **Sore throat**
- **Runny or stuffy nose**
- **Muscle pain or body aches**
- **Headache**
- **Vomiting**
- **Diarrhea** (more frequent in children with flu, but can occur in any age with COVID-19)
- **Change in or loss of taste or smell**, although this is more frequent with COVID-19.

Households to monitor for minor cold systems and keep them away from others until feeling well. Test for COVID and if + report to COVID Command Centre (204) 645-2869. Influenza treatment must start by 48 hours to be most effective to prevent serious influenza outcomes. This is available from a physician.

Flu and COVID-19 vaccines available at Peguis Health Centre, Monday-Wednesday and Friday. Walk-ins welcome.



One (1) Turkey per Household

Off & On-Reserve Christmas Hampers



**Peguis Turkey Distribution
Peguis Band Members Only**

Winnipeg

When: December 18, 2022

Where: 1075 Portage Ave (Rear Lot)

Time: 10:00am - 4:00pm

Winnipeg and Selkirk Residents must have utility bill (proof of address) and status card

Selkirk

When: December 17, 2022

Where: TLE Office, 328 Main Street, Selkirk

Time: 10:00am to 4:00pm

Peguis

Turkeys to be delivered to residents on-reserve

**Winnipeg Hampers call: John Evan Bear 204-308-2894, Heather McCorrister
204-891-5237 or Lynell Bear 204-308-2111**

Selkirk Hampers call: Linda Chick 204-645-4914

Calls will be taken from 9am-5pm daily

Honouring our
Children, Families
and Nation Act



Peguis CFS
CHRISTMAS
DINNER
Party

DATE: DECEMBER 8TH, 2022 TIME: 4PM - 7PM
LOCATION: NORWOOD COMMUNITY CENTRE
87 WALMER STREET, WINNIPEG, WINNIPEG

Get your photo taken with Santa!

COMMUNITY CALENDAR

DECEMBER 2022

December 2, 2022 | Picture Retakes, Peguis Central School
December 8, 2022 | CFS Christmas Party, Norwood Community Centre
December 9, 2022 | Drive Thru Christmas Party, Peguis Community Hall 6pm
December 10, 2022 | Christmas Dinner, Selkirk Recreation Complex
December 12, 2022 | Elders Christmas Party, Community Hall
December 12-22, 2022 | Turkey Distribution, house to house in Peguis
December 14, 2022 | Christmas Dinner, Assiniboia Downs
December 16, 2022 | Trust Criteria Vote, Community Hall or Zoom, 2pm
December 16, 2022 | Midnight Madness, Peguis Multiplex
December 16, 2022 | Parade of Lights, Mall to Multiplex
December 17, 2022 | Turkey Distribution, Selkirk, 328 Main St. 10am-4pm
December 18, 2022 | Turkey Distribution, Winnipeg, 1075 Portage 10am-4pm
December 18, 2022 | Christmas Lights Contest, Register by 17th
December 20, 2022 | Christmas Concert, PCS
December 22-January 4, 2022 | Christmas Break, PCS
December 25, 2022 | Christmas Day
December 26, 2022 | Boxing Day
December 31, 2022 | New Year's Eve

2023

January 1, 2023 | New Year's Day
January 5, 2023 | Classes Resume, PCS
February 2-3, 2023 | Sem. 1 Final Exams, PCS
February 6, 2023 | Sem. 2 begins, PCS
February 20, 2023 | Louis Riel Day
February 24, 2023 | Aboriginal Justice Day
March 10, 2023 | Science Fair, PCS
March 16, 2023 | Parents Day, PCS

HOLIDAY SCHEDULE

Dec 22 – Closed
Dec 23 – Closed
Dec 26 – Closed
Dec 27 – Closed
Dec 28 – Open
Dec 29 - Open
Dec 30 – Closed
Jan 2 – Closed
Jan 3 – Closed
Jan 4 - Open



2022/2023 SCHEDULE

● HOME GAMES

PEGUIS MINOR HOCKEY

2022/2023 SCHEDULE

DEC. 2, 2022 Peguis Juniors vs. NCN Flames @ 12:30 PM

DEC. 3, 2022 NCN Flames vs. Peguis Juniors @ 7:30 PM

DEC. 4, 2022 NCN Flames vs. Peguis Juniors @ 1:30 PM

DEC. 17, 2022 | Peguis Juniors vs. OCN Storm @ 7:30 PM

DEC. 18, 2022 | Peguis Juniors vs. OCN Storm @ 1:30 PM

JAN. 7, 2022 | OCN Storm vs. Peguis Juniors @ 7:30 pm

JAN. 8, 2022 | OCN Storm vs. Peguis Juniors @ 1:30 pm

JAN. 14, 2022 | Peguis Juniors vs. Norway House North Stars @ 7:30 PM

JAN. 15, 2022 | Peguis Juniors vs. Norway House North Stars @ 1:30 PM

JAN. 20, 2022 | Peguis Juniors vs. NCN Flames @ 7:30 PM

JAN. 21, 2022 | Norway House North Stars vs Peguis Juniors @ 9:30 AM

JAN. 21, 2022 | Cross Lake Islanders vs Peguis Juniors @ 6:30 PM

JAN. 22, 2022 | Peguis Juniors vs. NCN Flames @ 12:15 PM

DEC. 3, 2022 | U13A VS TEULON A @ 2PM

DEC. 11, 2022 | U18 VS GIMLI @ 2PM

DEC. 17, 2022 | U11B VS WARREN B @ 12:15PM

DEC. 17, 2022 | U13A VS WARREN A @ 2:15PM

DEC. 17, 2022 | U15 VS STONEWALL A @ 5:30PM

DEC. 18, 2022 | U15 VS ARBORG @ 4PM

Mark your calendar

Peguis Christmas Dinner 2022

Peguis members can enjoy entertainment and visit family to celebrate the holiday season!

SELKIRK RECREATION COMPLEX

180 EASTON DR

SATURDAY, DECEMBER 10, 2022

DOORS OPEN 2P.M.



ASSINIBOIA DOWNS

WEDNESDAY DECEMBER 14, 2022

DOORS OPEN 4P.M.

DIRECTORY

Peguis First Nation Band Office (204) 645-2359
Peguis Fire/Ambulance (204) 645-2000
Peguis Child & Family Services (204) 645-2049
Peguis Wellness Team (204) 645-2605
Peguis Emergency Flood Centre (204) 645-4582
Peguis Health Centre (204) 645-2169
Peguis Al-Care (204) 645-2666
Percy E. Moore Hospital (204) 372-8444
Peguis Healing Centre (204) 645-2605
Peguis School Board (204) 645-2648
Peguis Housing (204) 645-5640
Peguis Multiplex Centre (204) 645-4260
R.C.M.P. (204) 372-8484

BUSINESS DIRECTORY

Peguis Family Foods (204) 645-2438

Peguis RBC (204) 645-2584

Peguis Post Office (204) 645-3547

Peguis Home Hardware (204) 372-6562

Peguis Pharmacy (204) 645- 5935

Peguis VLT's (204) 645-2434

MJS Powersports (204) 308-2530

Sesame Treet (204) 645-5511

Peguis One-Stop (204) 372-8765
Fisher Branch

Peguis Midway (204) 645-4721

N.C. Transportation (431) 301-0706

Mi-Ki-Nak (204) 645-3500

Leslie Daniels Garage (204) 645-2109

Favels Auto Service (204) 645-2235

Treaty Auto (204) 645-3732

Pine Cone Diary Bar (204) 645-2204

Country Rock Radio 102.7 (204) 645-3301

SMG Gas Bar (204) 372-8828

Peguis Job Bank

APPLY NOW!

CURRENT OPPORTUNITIES

Bus Driver/Cleaner/Maintenance

Women's Cleaning Project

Huddle Selkirk Hub Peer Leader

Electoral Officer

Store Manager (Fisher Branch One Stop)

Peguis Community Supports and Services

Early Childhood Educator II

DEADLINE

December 12, 2022

December 2, 2022

December 1, 2022

December 16, 2022

December 8, 2022

Until Filled

Until Filled

PEGUISFIRSTNATION.CA

MORE JOBS



TELLING GOOD STORIES
Minwaajimo

ADVERTISE WITH US



Next Issue Deadline: **DECEMBER 23, 2022**

Email publication@peguisfirstnation.ca for our rate sheet



RRC POLYTECH

Interlake and
Peguis - Fisher River Campus



Carpentry

Take success into your own hands, building your career and a better future for your community.

Program at a Glance

- **Location:** Peguis
- **Start date:** Jan. 9, 2023
- **End date:** Sept. 29, 2023

Admission Requirements

Eligible participants:

1. Proof of graduation or enrolment in Grade 12, including transcript and one credit in each of the following:
Grade 12 English, Grade 12 Math and Grade 10, 11 or 12 Science
OR
2. Completion of or enrolment in:
Grade 10 Applied Math 20S OR
Grade 10 Pre-Calculus math 20S OR
Grade 11 Consumer Math 30S

Part-time seats may be available in full-time programs.

**RRC Polytech Interlake and
Peguis - Fisher River Campus:**

Online: rrc.ca/interlake

Email: interlake@rrc.ca

Phone: 204.785.5328

Toll-free: 1.866.946.3241

Mail/in person:

Box 304
Selkirk, MB

825 Manitoba Ave.
Selkirk, MB R1A 2B3

In Front of What's Ahead

rrc.ca/interlake

ACCELERATOR BINGO

ACCELERATOR JACKPOT
EVERY TUESDAY @ 5:30PM

PEGUIS MEDIA



ACCUMULATIVE JACKPOT
EVERY WEDNESDAY

1 GAME OF TOTAL BLACKOUT

COUNTRY
ROCK ★ RADIO
102.7 FM

60 DAY FLOOD CLAIMS DEADLINE

DECEMBER 7, 2022

The Peguis Housing Authority is making any homeowners aware that have not completed their flood claim that there is a 60-Day deadline ending **December 7, 2022**. After this date, no flood claims for 2022 will be accepted.


If you have any questions, please contact the Peguis Housing Office at (204) 645-5671.

LUMBER

NOW AVAILABLE



Peguis Home Hardware has most dimensional lumber in stock and custom sheds at great prices.

 (204) 372-6562

MON-THU 9:00^{AM}-6:00^{PM} | FRI 9:00^{AM}-7:00^{PM} | SAT 9:00^{AM}-5:00^{PM}

MIDNIGHT MADNESS

DECEMBER 16, 2022

**12PM TILL 10pm
PEGUIS MULTIPLEX**

Special Guest: SANTA CLAUS!!!

Free Pancake Breakfast

Pictures with Santa Claus

Cash/Merchandise Draws

Fun & Games all evening

Craft tables welcome, \$40.⁰⁰/table. *Payment required to reserve tables.*

For more information: Linda Sinclair (204) 308-1231

